

Veneers

Congratulations for choosing to cosmetically enhance your smile using porcelain veneers! Porcelain veneers are used to reshape, align and brighten a person's smile in a very conservative manner. You will soon have the dazzling smile you always wanted.

Post-operative instructions for Veneers:

Initial Preparation Visit:

1. Your temporaries are delicate, so take precautions to avoid breakage, discoloring or de-bonding.
2. Avoid chewing hard and/or sticky foods, hard brushing and flossing between your temporaries.
3. As the temporaries are porous, avoid staining foods and drinks such as coffee, wine, curry.
4. Rinse with warm salt-water or medicated rinse twice daily while you are in your temporaries.
5. Sensitivity is normal following treatment. Motrin(400mg) and Tylenol(1000mg) taken together acts as a very effective analgesic and may be taken up to 4 times per day.
 6. If you have severe discomfort, or have any problems with the temporary please call us.

"Cementation" visit

1. The bonding agent "cement" used takes 48 hours to fully harden. Be cautious during this time.
2. Sensitivity following this visit is normal, and may last several weeks. Please take medicine as listed above.
3. If sensitivity persists, is severe, or your bite feels uncomfortable, please call us.
4. If you have been prescribed a nightguard, please make sure you wear it daily to preserve your restorations.