

Composite Fillings

Composite fillings are a mixture of glass or quartz filler in a resin medium that produces a tooth-colored filling which is bonded to the tooth. Composite fillings provide good durability and wear resistance in small size cavities in the mouth that are not further compromised by fractures or heavy chewing.

Post-Operative Instructions for Composite fillings:

1. Since the bonding of composite restorations is immediate, there is no waiting time needed prior to chewing. However, since you may be numb, use caution to avoid biting your cheeks, tongue or lips.
2. Sensitivity on the tooth, gums, or injection site is normal. Motrin (400mg) and Tylenol (1000mg) in combination is a very effective analgesic, and may be taken up to 4 times per day.
3. If sensitivity persists, is severe, or your bite feels uncomfortable, please call us.
4. If you experience persistent sensitivity to cold, it is often a sign that your bite needs minor adjusting.